

Editorial

Welcome to the first issue of the journal for 2008. It is with sadness that we bid farewell to our Editor-in-chief, Prof Nikodem who has left UWC and has joined the ranks of University of Stellenbosch. We wish to thank her for her invaluable contribution made to this journal and hope that she will continue to be a part of the journal in the form of a reviewer for the journal.

As editor I would like to encourage academics and clinicians focusing on health professionals education, interventions as well as prevention strategies to use the JCHS journal as their medium to share the knowledge and information obtained. Taking the risk and putting out your work to be critiqued by others is not easy but I want to encourage you with "The challenges is not in how hard you fall but in the way in which you get up". Consider writing for publication and be a part of contributing to the challenge and excitement of intellectual inquiry.

The next issue of the JCHS journal will be a special issue dedicated to research conducted at the University of the Western Cape relating to youth and youth wellness. This issue will be funded by the VLIR project (Youth Wellness) which is a collaborative initiative between the UWC and Flemish universities.

I would like to thank the editorial assistants and reviewers for their invaluable contribution to this issue.

Prof José Frantz



The JCHS is a peer reviewed journal, published bi-annually. It covers a wide interest in community and health science related topics.

The features that make JCHS so unique are:

- *it offers a platform for debate between various disciplines which is essential in helping us to understand and learn from each other.*

- *the editorial team encourage original research but support the publication of scholarly papers and scientific systematic reviews.*

- *it offers a platform for novice researchers to share their research findings.*

The editorial team offers a platform for novice researches to share their research findings and offers "hands on" assistance with academic writing skills. We thank all the authors for submitting their work for publication and trust that, you, the reader, will find it interesting and gain knowledge from their publications and will want to feel part of the team by submitting your work for publication.

Prof. Jose Frantz

Editor

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